

## POSTPARTUM DEPRESSION%0A

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[Postpartum Depression - Educating Families](#),  
Postpartum depression is a confusing and often debilitating disease. Treatment can help you manage symptoms, but support options can help you cope with the mental and emotional turmoil that comes with PPD.

[Postpartum Depression - CMHA National](#)  
Postpartum depression and new parenthood can both isolate you from others, and isolation can add to feelings of depression. Support groups are a safe place to share your experiences, learn from others, and connect with other parents who have similar experiences and understand what you're going through.

[Postpartum Depression: Symptoms, Treatment, and More](#)

The most severe form of postpartum depression is postpartum psychosis. Postpartum psychosis is a rare occurrence. When it does happen, it's usually within the first few weeks after delivery.

[Postpartum Depression - What You Must Know for Your Own Health](#)

Postpartum depression and anxiety are treatable with professional help. The following post is a general guide to PND and should not be taken as medical advice which is required for PND. The following post is a general guide to PND and should not be taken as medical advice which is required for PND.

[Postpartum Depression | CAMH](#)

Postpartum depression is different from the baby blues, which begin within the first three or four days of giving birth, require no treatment and lift within a few hours or days. PPD is a deeper depression that lasts much longer. It usually starts within the first month after childbirth (although it can occur any time within the first year) and can last weeks to months. In more serious

[Postpartum depression - Symptoms and causes - Mayo Clinic](#)

Postpartum depression in fathers sometimes called paternal postpartum depression can have the same negative effect on partner relationships and child development as postpartum depression in mothers can.

[NIMH Postpartum Depression Facts](#)

With postpartum depression, feelings of sadness and anxiety can be extreme and might interfere with a woman's ability to care for herself or her family. Postpartum depression is a mood disorder that can affect women after childbirth. Mothers with postpartum depression experience feelings of

[Postpartum Depression | CMHA British Columbia](#)

Postpartum depression is a form of depression that a mother can experience within the first few weeks, months or even up to a year after having a baby. Ten to 16% of women with postpartum depression begin experiencing symptoms during pregnancy. If left untreated, this depression can last for months or even years after the baby is born. The longer an episode of depression goes untreated, the

#### **Postpartum Depression (PPD) Center: Symptoms, Causes ...**

Postpartum Depression. Postpartum depression occurs in women soon after giving birth. Symptoms include sadness and hopelessness. Counseling and antidepressants are treatment options.

#### **Postpartum depression - Wikipedia**

Postpartum depression (PPD), also called postnatal depression, is a type of mood disorder associated with childbirth, which can affect both sexes.

#### **Edinburgh Postnatal Depression Scale (EPDS)**

Postpartum depression is the most common complication of childbearing. 2 The 10-question Edinburgh Postnatal Depression Scale (EPDS) is a valuable and efficient way of identifying patients at risk for perinatal depression. The EPDS is easy to administer and has proven to be an effective screening tool. Mothers who score above 13 are likely to be suffering from a depressive illness of